

Front

eraTM
400 mcg
TABLET

The 4th Generation Folate

Quatrefolic[®]

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COMPOSITION:

Each film coated tablet contains:
Quatrefolic 400 mcg.

Product Specs.: In-house

DESCRIPTION:

Quatrefolic[®]:

Folate is a water-soluble vitamin B, which functions as a coenzyme or co-substrate in the synthesis of DNA and RNA and metabolism of amino acids. Deficiency is common during pregnancy which may lead to fetal malformations such as neural tube defects. Inadequate maternal folate status has also been associated with low infant birth weight, preterm delivery, and fetal growth retardation. Spina-bifida and anencephaly are the most common neural tube defects (NTDs). Folic acid supplementation before conception and during the first trimester has been shown to reduce the recurrence of NTDs in women. Supplementation is used to treat megaloblastic anemia during pregnancy. Quatrefolic[®] is the fourth generation folate derivatives, a new generation of folic acid derivative made up of (6S)-5-methyltetrahydrofolate and glucosamine salt which is readily active and has added advantage of higher bioavailability, safety and stability.

INDICATION AND USAGE:

era is a dietary supplement indicated for:

- Folate deficiency anemia.
- Pregnant women for the prevention of neural tube defects in babies (e.g. spina bifida).
- Treating an inherited type of anemia called sideroblastic anemia.

DOSAGE AND ADMINISTRATION:

1-2 tablet(s) daily or as directed by the physician.

CONTRAINDICATION:

Product is contraindicated in patients with known hypersensitivity to any of the ingredients.

WARNINGS AND PRECAUTIONS:

Folic acid alone is inadequate therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurological manifestations progress. While prescribing this nutritional supplement for pregnant women, nursing mothers or for women prior to conception, their medical condition and any drugs, herbs and/or supplements consumption should be considered.

DRUG INTERACTIONS:

era may show possible drug interactions. Anticonvulsant action of phenytoin is antagonized by Folic Acid. Folate deficiency may result from increased loss of folate, as in renal dialysis and/or interference with metabolism (e.g., Folic Acid antagonists such as methotrexate); the administration of anticonvulsants, such as diphenylhydantoin, primidone, and barbiturates; alcohol consumption and, especially, alcoholic cirrhosis; and the administration of pyrimethamine and nitrofurantoin. Taking era along with amiodarone might increase the chances of sunburn, blistering, or rashes on areas of skin exposed to sunlight. era might increase breaks down of phenobarbital leading to decrease the effectiveness of phenobarbital.

FOLIC ACID IN PREGNANCY AND LACTATION:

Use in pregnancy is considered safely acceptable. Folic acid is actively secreted in breast milk. Supplementation in lactating women may be needed if poor nutritional habits lead to maternal deficiency and megaloblastic anemia. The American Academy of Pediatrics considers folic acid compatible with breast feeding.

Back

SIDE EFFECTS:

era may have some side effects. It's best to consult a doctor first before starting this medication.

OVERDOSAGE AND TREATMENT:

In case of accidental over dosage, call a doctor or refer to healthcare facility immediately.

INSTRUCTIONS:

- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.
- To be sold on the prescription of a registered medical practitioner only.

PRESENTATION:

era Tablet 400 mcg : Pack of 3 x 10 tablets.

ہدایات:

۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔
گرمی، دھوپ اور نمی سے بچائیں۔
بچوں کی پہنچ سے دور رکھیں۔
صرف ڈاکٹر کے نسخہ پر فروخت کریں۔
خوراک: ایک سے دو گولی روزانہ یا ڈاکٹر کی
ہدایت کے مطابق استعمال کریں۔

Manufactured by:
Phytocon International (Pvt.) Ltd.
339-A Sundar Industrial Estate, Raiwind Road, Lahore, Pakistan.

Distributed by:
Nexpharm Healthcare (Pvt.) Ltd.
65 Industrial Estate, Kot Lakhpat, Lahore, Pakistan.

FOR FURTHER INFORMATIONS PLEASE CONTACT:

CCL
Consumer Healthcare

Manufactured for:
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