


size should be adjusted by the vendor as per available tooling.

Front



CALSTRONG
Tablet

اوائے ڈی
کیلسٹرونک

**CALCIUM & VITAMIN D
FOR HEALTHY BONES**

It provides Elemental Calcium, Vitamin D₃, and Vitamin K₂ and Magnesium for Strong Bones.

COMPOSITION:
Each film coated tablet contains:

Elemental Calcium	500 mg.
Vitamin D ₃	400 IU.
Vitamin K ₂ (MK-7)	90 mcg.
Magnesium	32 mg.

Product Specs.: In-house

OAD CALSTRONG contains elemental Calcium, Vitamin D₃, Vitamin K₂ and Magnesium, required for normal development and maintenance of bone health.

This comprehensive formulation is designed to:

- Build stronger bones.
- Enhance calcium absorption from diet.
- Provide recommended dietary intake of Calcium and Vitamin D₃ for pregnant and lactating women.
- Regulate Calcium concentration in bones and various tissues.
- Help prevent Osteoporosis.
- Help prevent Calcium deposition in blood vessels in older adults.

SUPPLEMENTAL FACTS:
Elemental calcium:
Calcium is a mineral and essential nutrient that helps build and maintain healthy teeth and bones. It also plays a role in muscle contraction, hormone secretion, blood clotting and nerve function. Adequate Calcium intake may reduce the risk of osteoporosis, a disease that's characterized by a decrease in bone mass and an increase in bone fractures. Calcium is important for optimal bone health. **OAD CALSTRONG** provides high source of elemental Calcium from calcium carbonate (40% elemental Calcium by weight).

VITAMIN D₃:
Vitamin D₃ is the activated form of Vitamin D vital to bone formation, blood pressure regulation, hormone production, and immune and nervous system function. Vitamin D₃ promotes calcium absorption in the intestine and maintains adequate serum Calcium levels and Phosphate concentrations. It enable normal deposition of Calcium in bones, supports bone growth and bone remodeling. Without sufficient Vitamin D, bones can become thin, brittle, or misshapen. Vitamin D sufficiency prevents Rickets in children and Osteomalacia in adults. Together with Calcium, Vitamin D also helps protect older adults from Osteoporosis. It helps prevent hypocalcaemia tetany.

VITAMIN K₂:
Vitamin K₂ (Menaquinone MK-7) is a form of Vitamin K which functions as a coenzyme for Vitamin K-dependent enzymes. It is required for proteins involved in bone metabolism. Vitamin K deficiency could also reduce bone mineralization and contribute to osteoporosis. Vitamin K₂ as Menaquinone MK-7 is very effective in bone and heart health. Vitamin K is a powerful cofactor in transporting excess Calcium out of the arteries and blood and depositing it into bones.

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OAD CALSTRONG provides high source of pure and natural Vitamin K₂ Menaquinone MK-7 (Gnosis patent).

MAGNESIUM:
Magnesium, cofactor in multiple enzyme systems that regulate several functions in the body, including protein synthesis, muscle and nerve function, blood glucose control. It contributes to the structural development of bone and plays a role in the active transport of calcium. It is necessary for the conversion of vitamin D into its active form. It helps the body to absorb and regulate calcium levels. Magnesium also has a role in stimulating bone-preserving hormones. Quartet of calcium, Vitamin D₃, K₂, and Magnesium all work together synergistically, and should ideally be taken in combination.

DOSAGE IN ADULTS:

- Take one tablet daily after meal or as directed by the registered medical practitioner.
- Not formulated for use in children.

CONTRAINDICATION:
Don't use the supplement if you are allergic to any of its ingredient.

PRECAUTIONS:
It's best that you ask your health expert first if:

- You're pregnant or nursing.
- You suffer from a serious medical condition.
- You're taking other medicines.

INSTRUCTIONS:
- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.

PRESENTATION:
OAD CALSTRONG Tablet : Pack of 3x10 tablets.

ہدایات:
۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔
گرمی، دھوپ اور نمی سے بچائیں۔
بچوں کی پہنچ سے دور رکھیں۔

خوراک:
ایک گولی روزانہ کھانے کے بعد یا مستند ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

Manufactured by:
Novamed Healthcare (Pvt.) Ltd.
28 km, Ferozpur Road, Lahore, Pakistan.

Distributed by:
Nexpharm Healthcare (Pvt.) Ltd.
65 Industrial Estate, Kot Lakhpat, Lahore, Pakistan.

FOR FURTHER INFORMATIONS PLEASE CONTACT:

 Manufactured for:
CCL Pharmaceuticals (Pvt.) Ltd.
62 Industrial Estate, Kot Lakhpat, Lahore, Pakistan.