


size should be adjusted by the vendor as per available tooling.

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18 INGREDIENTS FOR STRENGTH & ENERGY

OAD MEN contains Vitamins, Minerals, and other nutrients to ensure peak performance by giving prolonged strength and energy. It works as an energy booster, stress reliever and provides robust immunity.

COMPOSITION:
Each film coated tablet contains:

Vitamin A	2000 IU	Co-enzyme Q10	10 mg.
Vitamin D	200 IU	Lutein	5 mg.
Vitamin B6	1 mg.	Bacopin	50 mg.
Vitamin B12	1 mcg.	Taurine	100 mg.
Vitamin E	15 IU	Green tea extract	75 mg.
Zinc (as Oxide)	8 mg.	Tribulus terrestris extract	100 mg.
Selenium (as Dioxide)	10 mcg.	Mucuna pruriens extract	100 mg.
Ginkgo biloba extract	30 mg.	Withania somnifera extract	100 mg.
Panax ginseng extract	40 mg.	Epimedium sagittatum extract	50 mg.

Product Specs.: In-house

SUPPLEMENTAL FACTS:
Below are listed the nutrients in this supplement along with their benefits:

VITAMINS:

- VITAMIN A:** Essential, fat-soluble vitamin. It is a precursor for beta-carotene. It is essential for good eyesight and normal functioning of the immune system. It also helps form and maintain healthy teeth, bones, soft tissue, mucus membranes, and skin.
- VITAMIN D:** Essential, fat-soluble vitamin. Vitamin D helps the body absorb calcium, which is needed for the normal development and maintenance of healthy teeth and bones. It also helps maintain proper blood levels of calcium and phosphorus.
- VITAMIN E:** Essential, fat-soluble vitamin. It is an antioxidant also known as Tocopherol. Mainly acts as an antioxidant. It also plays a role in the formation of red blood cells and helps the body use vitamin K.
- VITAMIN B6:** It is also called Pyridoxine. Vitamin B6 helps form red blood cells and maintains brain function. This vitamin also plays an important role in the proteins that are part of many chemical reactions in the body. It is vital for a healthy nervous system.
- VITAMIN B12:** It is also called Methylcobalamin. Vitamin B12 is part of an enzyme needed for making new cells especially red blood cells. It is also important for nerve function.

MINERALS:

- ZINC:** It is a trace mineral. Part of many enzymes; needed for making protein and genetic material; has a function in wound healing, production of sperm, normal growth and sexual maturation and immune system health. Supports immune function, reproduction, and the nervous system.
- SELENIUM:** It is also a trace mineral. It enhances the activity of antioxidants in the body. Helps improve general well-being.

AMINO ACIDS:

- TAURINE:** It is a non-essential amino acid, a chemical that is a required for building block of protein. Taurine is found in large amounts in the brain, retina, heart, and blood cells called platelets. It supports neurological development and helps regulate the level of water and mineral salts in the blood. Taurine is also thought to have antioxidant properties.

ANTIOXIDANTS:

- LUTEIN:** It is related to beta-carotene and vitamin A. It is employed by body cells as an antioxidant. Lutein is one of two major carotenoids found as a color pigment in the human eye (macula and retina). It is thought to function as a light filter, protecting the eye tissues from sunlight damage. It lowers the risk for macular degeneration (age-related damage to the eye).

HERBAL SUPPLEMENTS:

- GREEN TEA EXTRACT:** Green tea contains catechins. Catechins are antioxidants that fight and may even prevent cell damage. It also contains polyphenols that might be able to prevent inflammation, swelling and degeneration. Green tea also contains 2% to 4% caffeine, which affects thinking and alertness and helps enhance cognitive function of the brain.
- TRIBULUS TERRESTRIS EXTRACT:** It acts as an energizer and vitalizer. It has been shown to exhibit androgen increasing property. Acts as an aphrodisiac.
- MUCUNA PRURIENS EXTRACT:** Contains levodopa (L-dopa), which is used to treat Parkinson's disease. L-dopa is changed to the chemical dopamine in the brain. It stimulates surface blood flow to brain and limbs.
- CO-ENZYME Q 10:** Co Q 10 is a substance similar to a vitamin. It is found in every cell of the body where it is used to produce energy needed for cell growth and maintenance. It also functions as an antioxidant, which protects the body from damage caused by harmful molecules. Co Q 10 supports the body in controlling high blood pressure and high cholesterol levels.
- WITHANIA SOMNIFERA:** Contains chemicals that might help calm the brain, reduce inflammation, lower blood pressure, and alter the immune system. It has

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shown positive effects in reducing physiological and psychological stress as well as restoring and increasing energy levels. It also appears to exert a positive influence on the endocrine, cardiopulmonary, and central nervous systems.

6. BACOPIN: It acts by lowering secretion of stress hormones. Has calming effect helpful in anxiety disorders. Enhances memory and cognitive functions.

7. GINSENG EXTRACT: Contains ginsenosides or panaxosides. Used for improving thinking, concentration, memory and work efficiency. Helpful in improving sexual function in men with Erectile Dysfunction. May help lower blood sugar levels. Useful for improvement in general well being.

8. GINKGO BILOBA EXTRACT: Contains terpene lactones and ginkgo flavone glycosides. Ginkgo biloba extract appears to alter neurotransmission and provide neuroprotection. It has shown to protect against age-related changes in the brain thus helpful in dementia. It improves blood circulation to the brain.

9. EPIMEDIUM SAGITTATUM: Contains phytoestrogens and other chemicals that enhance blood flow. This action is beneficial in cases of Erectile Dysfunction.

DOSAGE IN ADULTS:

- Take one tablet daily after meal or as directed by the registered medical practitioner.
- Not formulated for use in children.

WARNING & PRECAUTIONS:
OAD MEN is not recommended for persons under 21 years of age. Although this product has no known adverse side effects, higher testosterone levels can be dangerous for men with prostate cancer. Those with medical conditions like Diabetes Mellitus, Hypertension, Heart Disease, Liver or Kidney problems should not take this supplement unless advised by their doctor. Patients taking medications for Diabetes Mellitus, Hypertension, Heart Disease, anti-seizure medication, sedatives or using anticoagulants (drugs that are used to thin blood e.g. warfarin) should also consult their doctor before taking this supplement.

This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTRAINDICATIONS:
Do not use this supplement if you are allergic to any of its ingredients.

INSTRUCTIONS:

- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.

PRESENTATION:
OAD MEN Tablet : Pack of 2 x 10 tablets.

ہدایات:
۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔
گرمی، دھوپ اور نمی سے بچائیں۔
بچوں کی پہنچ سے دور رکھیں۔

خوراک:
ایک گولی روزانہ کھانے کے بعد یا مستند ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

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