


size should be adjusted by the vendor as per available tooling.

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OAD™
PRENATAL
Tablet

اوائے ڈی
پری نینٹل

**23 INGREDIENTS FOR
HEALTHY MOMMY & BABY**

COMPOSITION:
Each serving contains:

Vitamin A	4500 IU.
Vitamin C	120 mg.
Vitamin D3	400 IU.
Vitamin E	30 IU.
Vitamin B1	1.4 mg.
Vitamin B2	1.6 mg.
Niacin	18 mg.
Vitamin B6	10 mg.
Folic Acid	1000 mcg.
Vitamin B12	8 mcg.
Biotin	35 mcg.
Pantothenic acid	7 mg.
Calcium (as Calcium carbonate)	600 mg.
Magnesium (as Magnesium oxide)	200 mg.
Iron (as Ferrous fumarate)	18 mg.
Iodine (as Potassium Iodide)	290 mcg.
Zinc (as Zinc oxide)	15 mg.
Copper (as Cuprix oxide)	1.3 mg.
Sodium Selenite (as Selenium yeast)	70 mcg.
Manganese (as Manganese sulfate)	2.6 mg.
Chromium (as Chromium chloride)	45 mcg.
DHA	500 mg.
Choline (as Choline bitartrate)	550 mcg.

Product Specs.: In-house

SUPPLEMENT FACTS:
PRENATAL Formula is a multivitamin that provides nutritional support for both mother and baby before, during and after delivery. Maternal nutritional before and during pregnancy affects both your well-being

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and your infant's growth. After delivery, you need an adequate diet rich in essential nutrients such as calcium and folic acid to support nursing and replace depleted nutrient stores. This delicately blended multivitamin offers supplemental nutritional support for both you and your baby.

Nutritional support: Supplies a balanced nutritional blend combining vitamins, minerals and antioxidants to supplement a healthy diet. Emerging research suggests that antioxidants can help protect the body from harmful free radicals that can destroy healthy cells.

Folic acid: Provides 1,000 mcg of folic acid, critical during the earliest weeks of pregnancy when a baby's organs are forming. Adequate intake of folic acid in a healthy diet before and during early pregnancy may reduce the risk of birth defects of the brain and spinal cord. Folic acid is also required for cell growth and DNA formation.

Calcium: Features 600 mg of bone-strengthening calcium which is vital during pregnancy, especially during the third trimester when fetal bones begin to calcify. If a mother's calcium level drops, her body can pull calcium from her bones resulting in a loss of bone density. Also includes 400 IU of vitamin D₃ to enhance calcium absorption.

DOSAGE IN ADULTS:

- Take two tablets daily after meal or as directed by the registered medical practitioner.
- Not formulated for use in children.

PRECAUTION, WARNINGS AND SIDE EFFECTS:
No reported side effects. However, it is recommended to ask your physician before taking the medication.

CONTRA-INDICATIONS:
Don't use the supplement if you are allergic to any of its ingredients.

INSTRUCTIONS:

- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.

PRESENTATION:
OAD PRENATAL Tablet : Pack of 2 x 10 tablets.

ہدایات:
۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔
گرمی، دھوپ اور نمی سے بچائیں۔
بچوں کی پہنچ سے دور رکھیں۔

خو راک:
دو گولیاں روزانہ کھانے کے بعد یا مستندہ آکسر کی ہدایت کے مطابق استعمال کریں۔

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(Nutraceuticals & CAM Division)
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Lahore, Pakistan.

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