

# Xydro™ 10 mg Tablet

(Dydrogesterone)

زائڈرو

## COMPOSITION:

Each film coated tablet contains:  
Dydrogesterone ..... 10 mg.

## Product Specs.: USP

## CLINICAL PARTICULARS:

### Therapeutic Indications:

Dydrogesterone is indicated for the treatment of progesterone deficiency related conditions including dysmenorrhoea endometriosis secondary amenorrhoea irregular menstrual cycles dysfunctional uterine bleeding premenstrual syndrome infertility due to luteal insufficiency threatened abortion habitual abortion and for use in hormone replacement therapy in combination with estrogen.

### Posology and Method of Administration:

Dosage depends on the indication and should be determined by the physician.  
Typical dosing is 10 mg once or twice daily depending on the clinical condition.  
Tablets are for oral administration and may be taken with or without food.

## CONTRAINDICATIONS:

Hypersensitivity to dydrogesterone or any excipient.  
Undiagnosed vaginal bleeding.  
Severe hepatic dysfunction.  
Known or suspected progesterone dependent malignancy.

## SPECIAL WARNINGS AND PRECAUTIONS FOR USE:

Careful evaluation of abnormal vaginal bleeding is required prior to initiation.  
Use with caution in patients with liver disease depression or thromboembolic disorders.  
Patients should be monitored for changes in bleeding patterns.

### Interaction with Other Medicinal Products:

Enzyme inducing drugs may reduce therapeutic efficacy.  
No clinically significant interactions have been reported.

### Fertility Pregnancy and Lactation:

Dydrogesterone may be used during pregnancy when clinically indicated.  
Use during breastfeeding only if clearly necessary and under medical supervision.

### Effects on Ability to Drive and Use Machines:

No or negligible influence.

### Undesirable Effects:

Common adverse reactions include headache nausea breast tenderness and abdominal pain.  
Uncommon reactions include dizziness vomiting bloating and mood changes.  
Rare reactions include hypersensitivity liver function abnormalities and hemolytic anemia.

## PHARMACOLOGICAL PROPERTIES:

### Pharmacodynamic Properties:

Dydrogesterone is an orally active progestogen with a pharmacological profile similar to natural progesterone.  
It supports secretory transformation of the endometrium without estrogenic androgenic or corticosteroid effects.

### Pharmacokinetic Properties:

Rapid absorption following oral administration.  
Hepatic metabolism to active metabolites.  
Primary renal excretion of metabolites.

## INSTRUCTIONS:

- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.
- To be sold on the prescription of a registered medical practitioner only.

## PRESENTATION:

Xydro Tablet 10 mg : Pack of 2 x 10 tablets.

Manufactured by:  
Aries Pharmaceuticals (Pvt.) Ltd.  
1-W, Industrial Estate, Hayatabad, Peshawar, Pakistan.

FOR FURTHER INFORMATION PLEASE CONTACT:



Manufactured for:  
CCL Pharmaceuticals (Pvt.) Ltd.  
62 Industrial Estate, Kot Lakhpat, Lahore, Pakistan.

ہدایات:  
۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔  
گرمی، دھوپ اور نمی سے بچائیں۔  
بچوں کی پہنچ سے دور رکھیں۔  
صرف مستند ڈاکٹر کے نسخہ پر فروخت کریں۔