

KalvTM

Tablet & Sachet

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Provides an optimum mix of Calcium, Vitamin D₃, Vitamin K₂ and Magnesium to promote bone strength and support healthy pregnancy.

COMPOSITION:

Kalv Tablet:

Each film coated tablet contains:

Red Algae Calcium 1400 mg.
Vitamin K₂ (MK-7) (Menaquinone-7) 90 mcg.
Vitamin D₃ 400 IU.
Magnesium 32 mg.

Product Specs.: In-house

Kalv Sachet:

Each sachet contains:

Red Algae Calcium 1400 mg.
Vitamin K₂ (MK-7) (Menaquinone-7) 90 mcg.
Vitamin D₃ 10 mcg.
Magnesium 32 mg.

Product Specs.: In-house

This comprehensive Vitamin and plant origin mineral formulation is designed to

- Provide organic source calcium helps meet calcium requirements to maintain a healthy pregnancy.
- Contribute to bone mineral density and helps reducing the risk of fracture.
- Reduce the risk of Osteoporosis.
- Support strong bone development through the combination of calcium and Vitamin D.
- Direct calcium to the bones and thus contributes to bone strengthening.
- Reduce the risk of coronary artery disease by keeping calcium away from arteries.

NUTRITIONAL FACTS:

Red Algae Calcium: [Lithothamnion (Red algae calcium), imported from FDA approved European source MARIGOT LTD STAND FARM, IRELAND]

Calcium is important for optimal bone health throughout the life. Red Algae calcium is an organic calcium derived from marine red algae, proven to help increase Bone Mineral Density. Kalv is readily absorbed and bioavailable. Calcium is an essential nutrient that helps build and maintain healthy teeth and bones. Adequate calcium intake may reduce the risk of osteoporosis. Plant source calcium is more absorbable and bioavailable.

- Red algae Calcium contains 72 other naturally combined trace minerals whereas limestone Calcium is not rich in other minerals.
- Plant Calcium showed more reduction in PTH levels in comparison to limestone Calcium a hormone that moves calcium out of the bones.

Kalv provides high source of elemental Calcium from Red Algae Calcium (32% elemental Calcium by weight).

Cholecalciferol, a must to have with calcium, assists in enhancing calcium absorption from intestine and maintain adequate serum calcium levels. Vitamin D₃ is the activated form of Vitamin D vital to bone formation. Together with Calcium, Vitamin D also helps protect older adults from Osteoporosis.

Vitamin K₂ as MK-7: (Menaquinone MK-7 is the active isomer of Vitamin K₂)

Calcium homeostasis depends on the interplay of modulator compounds of which vitamin K₂, especially Menaquinone-7, has assumed a vital role. Has a very high bioavailability, the peak serum concentration (C_{max}) of MK-7 is reported to be 17 µg/L and time required to achieve maximum concentration (T_{max}) is reported to be 4 h, and the half-life (t_{1/2}) of MK-7 was reported to be 68 h, which helps to keep your arteries clean from arterial calcification by directing calcium to bones and keeping it away from arteries.

Kalv provides high source of natural, more stable Vitamin K₂ as MK-7 with a very high bioavailability and a very long half-life in blood.

MAGNESIUM:

Works in synergy with Vitamin D₃ to enhance calcium absorption from intestines and facilitates bone health, flexibility and movement. Magnesium also has a role in stimulating bone-preserving hormones.

CONTRAINDICATION:

Don't use the if you are allergic to any of its ingredient.

PRECAUTIONARY WARNINGS OR POSSIBLE SIDE EFFECTS:

No side effects have been identified, however, it is recommended that you consult a health expert before taking Kalv.

PREGNANCY AND LACTATION:

Pregnant or Breast-feeding women shall consult health care professional before use.

OVERDOSE AND TREATMENT:

In case of accidental over dosage, call a doctor or refer to healthcare facility immediately.

INSTRUCTIONS FOR TABLET & SACHET:

- Store below 30°C.
- Protect from heat, sunlight & moisture.
- Keep out of the reach of children.

DOSAGE AND ADMINISTRATION:

For Tablet: Take one tablet daily after meal or as directed by the physician.

For Sachet: For adults one sachet daily or as directed by the physician.

PRESENTATION:

Kalv Tablet : Pack of 3 x 10 tablets.

Kalv Sachet : Pack of 1 x 14 sachets.

ہدایات برائے ٹیبلٹ اور ساشے:

۳۰ درجہ سینٹی گریڈ سے کم درجہ حرارت پر رکھیں۔

گرمی، دھوپ اور نمی سے بچائیں۔

بچوں کی پہنچ سے دور رکھیں۔

خوراک:

برائے ٹیبلٹ: ایک گولی روزانہ کھانے کے بعد یا مستند ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

برائے ساشے: بڑوں کیلئے ایک ساشے روزانہ یا مستند ڈاکٹر کی ہدایت کے مطابق استعمال کریں۔

Manufactured by:
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